

School Health Operations 2021-22

NOTE: This plan may be modified to address the guidelines or recommendations received by local health authorities (LHA), [Texas Department of State Health Services \(DSHS\)](#), and the [Texas Education Agency \(TEA\)](#).

Illness Exclusion and Readmission

Exclusion and readmission following [TAC§97.7](#) and DSHS COVID-19 guidelines (fever, diarrhea, diagnosed or suspected communicable disease requiring exclusion from school, etc.).

- COVID-19 Readmission Criteria

- Individuals who test positive or diagnosed with COVID-19
 - 10 days have passed since symptoms began (or if asymptomatic since positive test result); AND
 - Fever-free for 24 hours without the use of fever-reducing medication; AND
 - Improvement in respiratory symptoms
- Individuals who are symptomatic (Suspected COVID-19):
[DSHS COVID-19 case clinical criteria](#) (updated 7/15/2021):
 1. At least two of the following symptoms: fever (measured 100.4+, or subjective), myalgia, headache, sore throat, nausea/vomiting/diarrhea, fatigue, congestion/runny nose; OR
 2. At least one of the following symptoms: cough (new onset or different), shortness of breath, difficulty breathing, new loss of taste/smell
 - Negative COVID test result*; OR
 - Healthcare Provider note indicating alternate diagnosis and clearing the individual to return; OR
 - 10 days have passed since onset of symptoms, fever-free x24 hours without fever-reducing medications, and improved respiratory symptoms.

**Test must be collected on/after an acceptable date based on the individual's symptoms. Consult with a Prosper ISD nurse to clarify the appropriate testing time frame.*

Illness on campus

- Students at school with symptoms of illness that require exclusion will be separated from others in the clinic or other designated waiting area until their parent/guardian arrives to pick them up. Students should be picked up within 30 minutes of being contacted by the school.
- Staff at work with symptoms of illness that require exclusion will notify their supervisor promptly, maintain distancing from others and leave the campus.

Communicable Disease Monitoring and Response

Health Services staff will monitor communicable illness internally (campus students and staff) and externally (local, state, national and global).

- Monitoring
 - Health Services and administrative staff will monitor student and staff absences daily
 - Campus RN and/or campus administrator will notify the Director of Health Services in the event of increased absences related to illness, including COVID-19

- Additional mitigating measures will be considered and implemented where appropriate
 - Superintendent and/or other PISD leadership will be notified of situational increases in absences
 - Health Services Director will communicate with the LHA to obtain their guidance and recommendations
 - Campus closure will be considered:
 - Absence increases continue over multiple, consecutive days (100% or greater increases in total absences or illness clusters from previous day)
 - Staff illness and absences exceed ability for campus to conduct basic operations, considering substitute availability and issues with high numbers of substitutes assigned to one campus.
- Close contact with a test-positive/diagnosed individual
 - Contact tracing will not be conducted by District staff, but is part of the public health investigation of case reports. Students and staff are not required to quarantine for exposure.
 - Stay home if symptomatic. Parents should notify the school nurse through the COVID screening form. Staff should notify the school nurse through the COVID screener form, and their supervisor.
- Cleaning & Disinfection
 - Non-porous surfaces in areas heavily used by a test-positive individual will be disinfected
- Notifications
 - Campus notification links will be posted on each school’s website, for parent/staff notification of newly identified cases.
 - Updates to this data will occur each Tuesday & Friday.
 - Elementary campuses: campus website information will include the grade level impacted
 - Secondary campuses: campus website information will be for the campus (not grade, class, or activity specific)
 - Support Campuses: “campus” website notification link will be posted in the staff hub
 - If a COVID-19 case occurs in a centralized program classroom, class notification will be sent out.
- Required Reporting of COVID-19 test-positive individuals
 - Health Services will submit the required report to DSHS as required by [state law TAC 97.6](#).
 - Health Services will submit a report to the Texas DSHS via the [online form](#). The report must be submitted each Monday for the prior seven days (Monday-Sunday).

Mitigation Strategies

COVID-19 Vaccination

- Students and staff are encouraged to seek the counsel of their healthcare provider when determining the appropriateness of any available COVID-19 vaccinations.
- When a parent presents a COVID-19 vaccine record to a campus nurse, the nurse will document it in the student information system as with other vaccination records.
- All health information, including an individual’s vaccination status is confidential except where required by law.

Campus-based mitigation strategies will be reviewed and implemented based on illness levels, trends, and types of illness. Campus RN and campus administrators will collaborate and consult with Health Services to implement appropriate strategies. Consultation with the LHA and DSHS will be made by the Health Services Director as needed.

- Employees are required to self-screen daily for COVID-19 symptoms before coming onto campus.
- Parents should watch their children for symptoms of COVID-19. If your child has any possible symptoms, keep them home, notify the school using the COVID-19 screening form, and contact your healthcare provider.
- Social distancing between individuals whenever feasible.
- Hand hygiene should be performed upon arrival at school/work, before and after eating, after using the restroom, and as needed throughout the day.
- Surfaces and equipment will be routinely cleaned and disinfected by the district's custodial staff.
- Daily cleaning and disinfection at all campuses.
- Students and staff may wear face shields, masks, or cloth face coverings, but are not required to do so per the Prosper ISD School Board April, 2021 decision.
- Visitors
 - All visitors will be screened for COVID-19 symptoms and asked about any recent positive COVID test or diagnosis.
 - Any visitor who has either recently tested positive or been diagnosed with COVID-19, or with possible symptoms of COVID-19 must remain off campus until they meet the re-entry criteria listed above.
- Student-Teacher Groupings
 - Encourage distancing when possible
 - Plan for frequent hand washing/hand sanitizer, especially before and after eating, and after using the restroom.
 - Consider outdoor activities when possible.
 - Maintain consistent class seating charts.
 - Open bus windows whenever possible.
- School Health Clinic
 - Students with acute and chronic health conditions will continue to receive care, support and implementation of the medical management plans at school. Infection prevention measures will be implemented to prevent or minimize interaction of well visits and illness visits
 - Health Clinics will utilize barriers and physical distancing (curtains, port-a-walls, etc.) to separate illness visits from well visits.
 - When feasible well care may occur in the classroom or other designated campus location.
 - Nebulized medications are considered an aerosolizing procedure that generates higher concentrations of infectious respiratory aerosols and should be avoided at school. Parents should contact their healthcare provider to obtain respiratory medication in a metered dose inhaler (MDI) with a spacer for administration at school. In the event that a MDI and spacer is not appropriate for the student, nebulized medication will be administered with the following precautions:
 - Nurses will wear appropriate PPE during the nebulization therapy.
 - Nurse will take the student's temperature and assess for symptoms of COVID-19 that differ from the student's typical asthma exacerbation or respiratory condition symptoms.

- Location for nebulized medication administration will be identified that minimizes exposure to others on campus. Outdoors may be considered if weather-appropriate and privacy is provided.
 - The indoor location must be able to be closed to all entry for a minimum of two hours after therapy to allow particles to settle, then disinfection will be performed before the area may be used again.

Mitigation Strategies for Illness Transmission at School

| LEVEL ONE | |
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| No unusual absence trends; no significant increases in the number of illness-related absences; no local advisories for circulating illness or pathogens Few reports of illness; no clusters of illness noted. | |
| Hand Hygiene | <p>Provide reminders for routine hand washing and hand sanitizer.</p> <ul style="list-style-type: none"> ● Assure posters or flyers are placed throughout campus ● Consider providing age-appropriate classroom demonstrations or providing teachers age-appropriate instructional videos or other media for classroom instruction ● Hand washing: wet hands, apply soap, scrub for at least 20 seconds, rinse under running water, dry with towel ● Hand sanitizer: apply product to the palm of one hand; rub hands and fingers together to apply product to all areas until dry; this should take about 20 seconds. <p>Check hand sanitizer stations to make sure they are filled and functional.</p> |
| Respiratory Etiquette | <p>Provide instruction and reminders on proper respiratory etiquette techniques (cover cough/sneeze)</p> <ul style="list-style-type: none"> ● Assure posters or flyers are in place throughout campus ● Consider providing age-appropriate classroom demonstrations or providing teachers with age-appropriate instructional videos or other media for classroom instruction <p>Assure adequate supply of tissues in classrooms.</p> |
| Cleaning & Disinfection | <p>Routine cleaning and disinfection of classrooms and shared campus areas (restrooms, office, lounge, cafeteria, etc.). Frequently touched surfaces (such as door knobs, desktops, light switches, keyboards, mouse, etc.) should be disinfected daily</p> <p>Routine cleaning and disinfection of clinics using EPA-approved disinfectant.</p> |
| Reporting | <p>ILI:</p> <ul style="list-style-type: none"> ● Nurse visit: Code ILI (fever plus sore throat and/or cough) ● Absences: registrar/attendance clerk codes absences, reports by parent as flu or ILI symptoms <p>Other Illnesses:</p> <ul style="list-style-type: none"> ● Notify Director of Health Services of any reportable communicable diseases ● Monitor absences and illness related absences |

LEVEL TWO

Some clusters of illness; mild-moderate increase in general absences but overall campus attendance >90%

Cluster = 10-20% of students in a class or grade with similar illness symptoms

Mild-Moderate Increase = 50-100% increase in total absences from the previous day

Droplet = pathogen transmission through close respiratory or mucous membrane contact with respiratory secretions

Contact = pathogen transmission through direct or indirect contact with the infected person or the infected person's environment

Airborne = transmission of pathogens that remain infectious over long distances when suspended in the air

| Contact Skin infection, shingles, GI | Droplet Flu, strep, pertussis, URI | Airborne Measles, varicella, TB | Actions R = Recommended C = Consider GNR = Generally Not Recommended |
|---|---|--|--|
| GNR | R | R | Respiratory etiquette reminders |
| GNR | C | C | Physical distancing reminders |
| R | R | R | Hand sanitizer at enter/exit classrooms |
| R | R | R | Adult-monitored hand hygiene before meals (elementary) |
| GNR | C | C | Rearrange desks from groups to rows |
| C | C | C | Modify class activities so no sharing desks, tables or items without cleaning between students |
| GNR | C | C | Each class eat lunch in own classroom |
| R | C | C | Adult-monitored hand washing at restroom |
| R | R | R | Daily disinfection of frequently touched surfaces |
| C | C | C | Avoid mixing classes/grades for specials |
| C | C | C | Cancel elective after school programs |
| R | R | R | Isolate contagious student(s) while awaiting parent pickup |
| C | C | C | Send district approved communication per identified disease/pathogen and DSHS recommendation |

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| R | R | R | Daily report to Director of Health Services, alert principal |
| R | R | R | Director of Health Services report to DSHS, County Health Authority as required |

LEVEL THREE

Mild to moderate cluster increases (increase in existing clusters and/or appearance new clusters); moderate (50-100%) to significant (>100%) increase in absences, overall campus attendance <90%

Cluster = 20% or higher persons in a class or grade with similar illness symptoms

Droplet = pathogen transmission through close respiratory or mucous membrane contact with respiratory secretions

Contact = pathogen transmission through direct or indirect contact with the infected person or the infected person's environment

Airborne = transmission of pathogens that remain infectious over long distances when suspended in the air

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| R | R | R | Modify class activities so no sharing desks, tables or items without cleaning between students |
| GNR | C | C | Each class eat lunch in own classroom |
| R | R | R | Adult-monitored hand washing at restroom |
| R | R | R | Increased frequency of disinfection of frequently touched surfaces |
| R | R | R | Avoid mixing classes/grades for specials |
| C | R | R | Cancel elective after school programs |
| R | R | R | Isolate contagious student(s) while awaiting parent pickup |
| R | R | R | Send district approved communication per identified disease/pathogen and DSHS recommendation |

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|---|---|---|---|
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